

President "Nina" Melinda DeSell, MS, CRNP mdesell1@jhmi.edu
Vice President Vinciya Pandian, MSN, CRNP vpandian@jhmi.edu
Treasurer Christina J Anagnostopoulos BSN RN canagno1@jhmi.edu
Secretary Karen Ulmer, BSN, RN, CORLN KULMER@gbmc.org
Website: <http://www.sohnmddc.com>

Important Dates

January 31 Cynthia Mabry Otolaryngic Allergy Lectureship & Kalynn Quinn Hensley Head & Neck/ Laryngology Lectureship Deadline

February 9 - MD/DC SOHN Meeting Greenspring Stn at 5:30 pm, Dr. Lee Akst

March 15 CORLN Exam App Deadline

March 25 Annual Spring Conference at GBMC 8am-4pm

April 28-30, 2011

SOHN Spring Seminar Series Chicago

April 9, 2011 MD/DC SOHN Business meeting

May 7-21 CORLN Exam Testing Period

May 8-14 Annual Oral, Head & Neck Cancer Awareness Week

May 9 National ORL Nurse Day

June 24 Poster Application Deadline

July 1 Chapter Excellence Award Applications Deadline

July 1 Clinical Excellence Award Application Deadline

July 1 Honor Award Applications Deadline

July 1 Scholarship Applications Deadline

July 1 Forming Chapter Bylaws Deadline

July 1 Nomination of Candidates Deadline

September 1 CORLN Exam App Deadline

September 9-13 SOHN 35th Annual Congress San Francisco, Ca

October 8-22 CORLN Exam Testing Period

October 15 Call for Abstracts 2012 Congress & Spring Seminar Series

November 15 Lois Moore-Rogers Lectureship Deadline

November 30 Research Abstracts Deadline

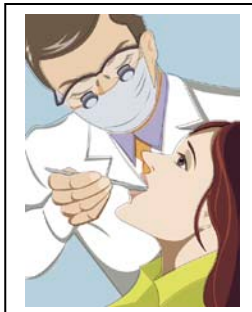
December 15 Nominations for Outstanding Service Award

President's message:

As the weather turn cool, our hearts are warmed by the thought of the holidays. Remember spring is around the corner. That means our annual conference at GBMC. We are working on a great panel of speakers! Spring SOHN in Chicago is shortly after our conference.

I have included information (on the next pages) that is available on the national SOHN website about opportunities for awards for speaking at national conference. Please look over these and consider applying. There are learning opportunities as well. I have included the links for these articles. There are clinical practice guidelines available.

Nina



Next meeting

Speaker: Lee Akst, M.D. **Topic:** Laryngology

Place: Greenspring Station

Time: 5:30 pm

CEUs: Awarded **Brief meeting to follow.**
Volunteers needed to bring food for dinner



MARYLAND/DC CHAPTER
AT SOHN MEETING IN
BOSTON FALL 2010

MEETING HIGHLIGHTS

September 8, 2010

Informative lecture given on Infections of the External ear by Dr. Roy Rajan, pediatric fellow at John Hopkins.

November 10, 2010

An educational discussion and journal club lead by Karen Ulmer of GBMC "Tobacco Use in HPV-Positive Advanced Oropharynx Cancer Patients Related to Increased Risk of Distant Metastases and Tumor Recurrence".



Become a certified in ORL nurse or recertify.

Application Deadline:

Exam Dates:

Please go to the National Certifying Board of Otorhinolaryngology Head and Neck nursing website

<http://www.ptcny.com/client/NCBOHN/index.html> to

learn more details and to apply.

Cynthia Mabry Otolaryngic Allergy Lectureship: This Lectureship was established in 1999 to honor her memory (1937-1999). Cynthia was a long time active member of SOHN and well respected for her expertise in otolaryngic allergy. *Application Deadline ~ January 31st ~ Cash Award & Plaque*
[To complete Application please click here](#)

Excellence in ORL Nursing Award (Clinical): This is to recognize and reward SOHN nurses who have consistently demonstrated excellence in the delivery of skilled and compassionate care to the ORL-Head and Neck Patient. *Nomination Deadline ~ July 1st ~ Cash Award & Plaque*
[To complete Application please click here](#)

Friend of SOHN Award: Established in 1983 The Friend of SOHN Award is the vehicle for recognizing and expressing appreciation for special contributions to SOHN by non-members. *Nomination Deadline ~ December 15th ~ Plaque*
[To request an application and/or information please click here.](#)

Honor Award: Many of you serve SOHN in countless ways. Get a copy of the Honor Award form and begin to tally your points. After you have reached 10 points (which can be over any length of time) send it in for the award!
Application Deadline ~ July 1st ~ Certificate
[To request an application and/or information please click here.](#)

Kalynn Quinn Hensley Head & Neck/Laryngology Lectureship: This was established in 2001 to honor the memory of a very dear patient who was cared for by many of the SOHN nurses in Houston, Texas. Kalynn was diagnosed with recurrent respiratory papillomatosis (RRP). She required frequent surgical procedures to maintain her airway. She lost her fight for life in 2000 as a young adult due to pulmonary disease progression to cancer. *Application Deadline ~ January 31st*
[To complete Application please click here](#)

Literary Award: This will recognize and encourage excellence in otorhinolaryngic (ORL) nursing publication.
Award Announced at Annual Congress ~ Cash Award

Lois Moore-Rogers Lectureship: The Lois Moore-Rogers lectureship was established in 1996 by Dr. Gerald Healy and the Department of Otolaryngology at the Children's Hospital Medical Center in Boston. Lois has been a long time member of SOHN and active in the Pediatric Special Interest Group. *November 15th ~ Cash Award & Certificate*
[To complete Application please click here](#)

New Author Award: The New Author Award will recognize and encourage the contributions of an author publishing for the first time in a peer-reviewed journal. *Award Announced at Annual Congress ~ Cash Award*

NIWI Nurse In Washington Internship
Scholarship provides funding for a SOHN member to attend this 4-day internship in Washington, DC. *Application Deadline ~ November 1st ~ Scholarship*
[To request an application and/or information please click here.](#)

Outstanding Service Award: This is the highest honor bestowed upon a SOHN member. It recognizes service above and beyond. This award was established in 1985. To date 17 members have been honored with this award. *Nomination Deadline ~ December 15th*
[To request an application and/or information please click here.](#)



SPOHNC Meetings

Johns Hopkins: Meets monthly on the 2nd Wed. at **7:00 – 8:30 p.m.**

Place: Johns Hopkins Greenspring Station, 10755 Falls Road, Lutherville, MD.

Next JH meeting is. For more information on participating, call Kim Webster at 410-955-1176 or Dwayne at 717-615-7464.

www.jhspohnc.com

GBMC SPOHNC support Group meets the 3rd Tuesday of each month

Time: 7 pm - 8:30 pm

Place: Physician's Pavilion East conference center

Laryngectomy Interest Group meets the 1st Tuesday of each month

Time: 12 noon 'til 1 pm

Place: Physician's Pavilion East conference center

SPOHNC is a patient-directed, self-help organization dedicated to meeting the needs of oral and head and neck cancer patients or caregivers. www.spohnc.org



Editor's Note:

Please submit information to me as the news happens. Send all info by email: mdesell1@jhmi.edu
Nina DeSell, C.R.N.P.

Medicare changes regarding indwelling voice prostheses

The Centers for Medicare and Medicaid Services (CMS), better known as Medicare, implemented a change in the reimbursement policy regarding indwelling voice prostheses on October 1, 2010. Effective on that date, DME suppliers will no longer be allowed to submit claims to Medicare for indwelling voice prostheses. The responsibility for filing Medicare claims will move to the physician, hospital, or clinic where the prosthesis is placed.

Just to clarify, patients who in the past purchased their own indwelling voice prostheses directly from the DME supplier will no longer be allowed to get reimbursed by Medicare for the cost of the prosthesis. As of October 1, 2010, patients wishing to order an indwelling prosthesis from a DME supplier and who do not have private insurance to cover the cost of a voice prosthesis will be required to pay the whole amount at the time of ordering. If they want a Medicare claim filed, they must purchase their indwelling prosthesis from the physician or hospital that places it. Hospitals, physician offices, and clinics who order, and place, indwelling voice prostheses may continue to submit a claim to Medicare for reimbursement.

As of yet, it is unknown if any private insurance groups will be following Medicare's new procedure in requiring physicians or hospitals to file the claim. Why the change? Medicare claims for indwelling voice prostheses are filed under HCPCS code L8509 which is defined as "tracheo-esophageal voice prosthesis inserted by a licensed healthcare provider, any type". Up until now, Medicare allowed patients to purchase their device from a DME supplier, have it shipped to their home and then taken to their healthcare professional for placement. The DME supplier would file the Medicare claim and/or any third party claim. Since the definition of L8509 states "inserted by a licensed healthcare provider," Medicare believes the device should be in the control of the healthcare provider from purchase through insertion making it necessary for the patient to purchase their indwelling prosthesis directly from their healthcare provider who will now be responsible for filing the Medicare claim.

Karen Ulmer, BSN, RN, CORLN



KUDOS TO OUR MEMBERS

Carol Maragos presented tracheostomy patient education video and won video award. **Vinciya Pandian** presented a poster "Quality of Life in Mechanically Ventilated Patients". **Nina DeSell** presented The EXIT Procedure for CHAOS and was honored as 2010 Kalynn Quinn Hensley Lecturership. **Angelina Thomas and Susannah Wargo** presented a poster "Invasive Fungal Sinusitis in Immunocompromised patient". Congratulations to **Laurie Turner, RN, BSN, CORLN** on graduation and BSN degree.

Look on SOHN Website for Continuing education articles

Parotid Masses: Face the Facts

http://www.sohnurse.com/parotid_masses.html

Sjögren's Syndrome

<http://www.sohnurse.com/sjogren.html>



Left: Carol Maragos receiving award for Video Presentation from Marybeth Gentry
Right: Nina DeSell receiving Kalynn Quinn Hensley Lectureship Award



Why Nursing Education?

Many of us in the nursing profession have seen the evolution of the role of the nurse grow into an amazingly versatile field of study. The choices for an individual going into nursing have evolved into an algorithm expanding into business, research, education, public health, and technology, with many multi-tiered levels. When 'being a nurse' described one who had her place at the bedside in a hospital seemed like decades ago to some. Nurses quickly learned that our job was to take care of the patient and make sure the "Doctors Orders" were being carried out in a timely fashion. Being a nurse meant you were smart enough to be a nurse but not smart enough to be a doctor. We understood that we in reality, we were **not** the ones "calling the shots", but the ones responsible for carrying them out.

With the evolution of the woman in the workplace came the nurse who wrote prescriptions and saw patients with no insurance in rural areas. It was ok by most of the medical society, as these were places that they didn't want to be. As nursing shortages in different states rose and fell like waves on a beach, we saw an increase in salaries, an increase in professional education and leadership opportunities, and ultimately an increase in autonomy and respect. We found many bright, young women who ultimately could have studied math and science, major in nursing in places like Columbia University, Yale University, Penn State, and Drexel University. We watched the LPN Schools close and the three-year hospital nursing programs phase out. Although there was always an underlying movement to make the BSN entry level for the R.N., the fluctuant epidemic nursing shortage has sustained many of these excellent community-college programs with year long waiting lists.

The list of Masters Degree options expanded, as well as the Nurse Practitioner Tracks, such that almost all programs include Family nurse practitioner, Adult nurse practitioner, and Acute Care Nurse practitioner training programs. When people ask me the difference between a Nurse Practitioner and Physician Assistant education, I direct them to the program syllabus. That just about sums it up.

Why is Nursing Education important to me as a Nurse Practitioner?

With knowledge comes power, and I am not talking about what other people think about me, and what I can do and can't do. It is by way of the many professionals who trained me, mentored me, and those wonderful doctors who believed in the importance of education for nurses and nurse practitioners, that I had the power and guts to make those decisions in my life that were the best for me and my family. That is the kind of power I am referring to. The power to CHOOSE. I can't imagine having the gumption to do what I did without my education.

As we witness the Health Care Reform and the accompanying changes in access to health care, the door is now widened to include more opportunities for the nurse and the advanced practice nurse. With more opportunity, this will bring better jobs, better salaries, more autonomy, and more job satisfaction. The opportunity cannot be fulfilled without the education that gives us the power to get those jobs and to keep them.

Educating the nursing professionals of the future. An exciting, powerful thought.

Doreen Gagne, MS, CRNP, CORLN
ganged@summithealth.org

SOHN Special interest groups

Advanced Practice

Jackie Wirkus MSN APNP CORLN
e-mail sohn1@earthlink.net

Allergy/Sinus

Christine Reger MSN CRNP
e-mail sohn1@earthlink.net

Saoirse Owens MSN RN

e-mail sohn1@earthlink.net

Facial Plastic

Barbara Taylor RN
e-mail sohn1@earthlink.net

Military/Federal

Judy Scott MSN RN
e-mail sohn1@earthlink.net

Geriatric

Sarah H. Kagan PhD RN CS AOCN
e-mail sohn1@earthlink.net

Head and Neck

Tara DiFabio MSN RN CORLN
e-mail sohn1@earthlink.net

Office Based Practice

Jennifer H. Carey CRNP CORLN
e-mail sohn1@earthlink.net

Otology

Deena Hollingsworth MSN RNP-BC
e-mail sohn1@earthlink.net

Pediatric

Lisa Gagnon APRN CPNP
e-mail sohn1@earthlink.net



Posters at Fall SOHN Meeting Left: Vinciya Pandian "Quality of Life in Mechanically Ventilated Patients". Right: Angelina Thomas and Susannah Wargo "Invasive Fungal Sinusitis in Immunocompromised patient"

The American Academy of Otorhinolaryngology - Head and Neck Surgery Foundation (AAO-HNSF) Clinical Practice Guideline

Clinical practice guideline: Benign paroxysmal positional vertigo The AAO-HNSF recently published a multi-disciplinary, evidenced based practice guideline to help healthcare practitioners identify and treat patients with benign paroxysmal positional vertigo (BPPV), one of the most common underlying conditions that cause dizziness. The guideline emphasizes evidence-based recommendations on managing BPPV, the most common (inner ear) disorder in adults. SOHN member and journal editor, Linda T. Schuring, MSN, RN is a contributing author to the project.

<http://www.entnet.org/Practice/upload/BPPV-guideline-final-journal.pdf>

Clinical practice guideline: Cerumen impaction Helene Krouse, PhD, ANP-BC, CORLN, FAAN served as SOHN's representative and as a contributing author to the Academy's Guidelines on Cerumen Impaction and Adult Sinusitis. The Cerumen Impaction Guideline was published in September 2008 and is targeted to assist healthcare practitioners identify patients with cerumen (commonly referred to as earwax) impaction. The guidelines emphasize evidence-based management of cerumen by clinicians, and informs patients of the purpose of earwax in hearing health.

<http://www.entnet.org/Practice/upload/FINAL-CerumenImpaction-Journal-2008.pdf>

Clinical practice guideline: Adult sinusitis The evidence-based practice guideline for treating adult sinusitis was released by the AAO-HNSF in September 2007. This multi-disciplinary guideline addresses sinusitis as a common ailment that affects one in seven adults. According to the document adult sinusitis has a profound impact on the quality of life and workforce productivity, while costing the nation's healthcare system over \$5.8 billion annually and is responsible for one out of every five adult antibiotic prescriptions in the US.

<http://www.entnet.org/qualityimprovement/upload/Adult%20Sinusitis%20Guideline.pdf>